

# SEPTEMBER | 2023

## LJHS Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
4 No School Labor Day	5 <u>Beef Taco**</u> Salsa/Sour Cream Tortilla Chips Refried Beans	6 <u>Chicken Parmesan**</u> Pasta <u>Garlic Bread</u> Green Beans	7 Stuffed Aria Sausage Pizza Breadstick w/ marinara Salad w/ <u>dressing</u>	8 <u>Italian Beef Sub**</u> <u>Roasted</u> <u>peppers/onions</u> <u>Roasted Fingerling</u> <u>Potatoes**</u>
11 <u>Tater Tot Casserole**</u> Dinner roll w/ butter Garlic Broccoli	12 <u>Cheese Quesadilla</u> Tortilla Chips Salsa/Sour Cream Black beans	13 <u>Lasagna**</u> <u>Garlic Toast</u> Green Beans	14 <u>Grilled Cheese</u> <u>Tomato soup w/</u> crackers Fresh vegetables w/ ranch	15 <u>Chicken Alfredo**</u> Salad w/ <u>dressing</u> <u>Roasted Carrots</u>
18 <u>Pancake** w/ syrup</u> Bacon <u>Roasted Potatoes**</u>	19 <u>Crispy Chicken Wrap**</u> <u>Corn on the Cob**</u> <u>Roasted Asparagus</u>	20 <u>Pork Totchos**</u> <u>BBQ Sauce</u> <u>Dinner Roll**</u> Baked Beans	21 Stuffed Aria Cheese Pizza Breadstick w/ marinara Salad w/ <u>dressing</u>	22 <u>Hamburger</u> <u>Horseshoe**</u> <u>Mandarin Orange Salad</u>
25 <u>Mac &amp; Cheese</u> Hot dog <u>Strawberry Spinach</u> <u>Salad</u> Carrot sticks w/ ranch	26 <u>Chicken Taco**</u> Salsa/sour cream <u>Corn Cake**</u> Refried Beans	27 <u>Sloppy Joe**</u> <u>Coleslaw**</u> <u>Roasted Green beans**</u>	28 <u>Pepperoni Pizza**</u> Salad w/ <u>dressing</u> Corn	29 <u>Chicken &amp; Noodles**</u> Dinner Roll w/ butter Carrots Peas

### News

Additional milk or milk for sack lunches - \$.35

**ALL MEALS SERVED WITH FRESH FRUIT AND MILK (1% CHOCOLATE OR WHITE)**

ITEMS UNDERLINED ARE MADE FROM SCRATCH.

ITEMS WITH \* ARE MADE WITH LOCAL FOODS.

GRILLED CHICKEN OR CHEF SALADS WILL BE AVAILABLE IN PLACE OF THE MAIN ENTRÉE. (Salads must be ordered during lunch count)